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New Order: A Decluttering Handbook For Creative Folks (and Everyone Else)



Synopsis

For readers of The Life-Changing Magic of Tidying Up and The Power of Habit comes a revelatory, witty guide to a clearer home and a more creative mind. Can a decluttered space fuel a creative mind? Heck yes, says organizing expert Fay Wolf, who has helped everyone from Hollywood celebrities to schoolteachers to work-from-home parents achieve a less cluttered, more creative life. Here, Wolf outlines her basic rules for saying goodbye to the stuff crowding up your space and hello to new habits that free you up for the things you're passionate about. And it can all be done in as little as a few minutes a day. Learn how to: create productive to-do lists * stem the flood of paper * downsize digital clutter and social media * arrange your space to spark creative juices * curb your desire to accumulate * collaborate and connect with others for support * embrace imperfection * keep up the momentum Wolf also shares her favorite productivity apps and resources for donating your many, many items. From the outer clutter of your home to the inner clutter of your chatty mind, this handbook will help you make room for artistic inspiration and invite you to treat yourself to less. Advance praise for New Order "New Order seriously changed my life."--Emily Deschanel "Fay Wolf is some kind of superhero."--Jesse Tyler Ferguson "Wolf is a rare talent. Part therapist, part creative thinker and part best friend, she's the right messenger to heal a whole new generation's organizational woes."--Maxwell Ryan, Founder, Apartment Therapy

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Customer Reviews

Ok. Look. I'm friends with Fay. I even hired her years and years ago to help me organize and declutter my home and have been using her techniques ever since. So, OF COURSE, I pre-ordered her book. I mean, I adore her. But I don't really need the book... I'm pretty organized and don't have that much stuff to get rid of anymore.Um.Wrong.I opened the book just to thumb through it so I could tell her I liked it and LITERALLY (and I do mean that word literally) 5 minutes later, the book was on the coffee table and I was riffling through my book cases removing lots of my old theatre plays that I haven't touched in 16+ years. Fay has a way of framing decluttering that's inspired and truly inspiring. In essence, if you're holding on to tons and tons of things from your past, then there's little to no room for your future. In truth, I've not been a theatre actor in YEARS. I'm transitioning into being a film and TV director. But all of my film and TV directing books where in a pile way under my desk because I had no room on my shelves for them. In minutes of thumbing thru Fay's book, I realized holding on to my past was literally in the way of the future I'm creating for myself. (Side note: I didn't get rid of all the plays... and Fay would back me up on this...because a FEW of them still have sentimental value for me. She's all about keeping what's important to you. Just not FIVE shelves of "important")I still have not finished New Order. Every time I pick it up, I go thru another purge. Yesterday, I picked it up and the next thing I knew I was going thru an old stationary box filled with business cards. I didn't even know who half of these people where NOR what they did for a living. I got rid of half of them.

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